# **Home & Belonging**

Creative Retreat in Nature June 13 - 17, 2024 - Montevaso, Tuscany (ITALY)

"I'm searching for connection... to a place, to other humans, to myself."

## What

This is a retreat designed to explore existential questions as a group, using creative, interactive and embodied practices to work through complex themes of home & belonging. We'll use a variety of practices, including:

- Embodied PracticesNature & Outdoor Practices
- Visual and Expressive Arts
  Creative Writing, Journaling, Poetry
  - Individual, small group, and large group reflective spaces

#### Where

The retreat will take place on the estate of Teatro Montevaso, in the midst of one of the wilder parts of Tuscany.

The estate was once a private property and now hosts an agriturismo, an independently-owned farm that welcomes guests, with multiple single and double-rooms, an orchard, spectacular views and a large theater space in which we will hold our group activities.

#### Fees \_\_\_\_

We'd like to make this experience accessible to people from different walks of life and are offering a sliding scale. Fees are inclusive of workshop activities, room and board.

Oak Fee: €950 Birch Fee: €780 Cypress Fee: €680

### More info

For more information, please use this link or contact Camilla Gamba at info@camillagamba.com

